

Your Voice Springfield Rise

at SPRING MOUNTAIN / APRIL 2019



Getting to know
your neighbours
Meet Kim Robinson

\$15k for
community
initiatives

Community Grants Program
now open

Fitness with a
difference
Park based classes

belong

Community news & events

WELCOME

Welcome to the autumn edition of Your Voice Springfield Rise at Spring Mountain

Welcome to all the new families who have joined the Springfield Rise at Spring Mountain community, and a special welcome to the inaugural students of Spring Mountain State School.

Our Community Grants Program runs during April and May, we welcome community groups and not-for-profit organisations to apply for initiatives that support the local community. There's \$15,000 in grant funds available, so if you know a community group, a school parent and friends committee or organisation who may be interested, we encourage them to apply.

This edition we introduce you to local resident, Kim Robinson. She's passionate about rescuing dogs and as an ex-pastry chef, is a good neighbour to have!

We also introduce you to Sam and Mel from Healthy You HQ. You might have seen their distinctive blue van around. They run fitness and yoga classes at the Display Village Green as well as Spring Lake.

If you have any news or stories you would like to share with the wider community, we'd love to hear from you. Contact Danielle Kollanyi at danielle.kollanyi@lendlease.com

Got an idea for a community initiative?

The Springfield Rise at Spring Mountain Community Grants Program is now open! There is \$15,000 of funds available and we want to see great initiatives delivered in our community!

Our last grant round saw Springfield Lakes YMCA awarded \$1680 to host a series of community morning teas in 2019.

Manager of the centre, Bec Andlemac, said that the aim of the get-togethers is to increase local community connections.

"We hope to have a wide number of community organisations attend, including support services and social groups to encourage and embed community connection and support," Ms Andlemac said.

Not-for-profit organisation, Fair Go Australia, were also awarded a grant to host their 'Getting it Together' mentorship program in the Springfield community. They are currently working with Hymba Yumba Independent School to offer this program to senior students in May.

If you've got a great idea but not sure where to start, visit <https://cia.communityenterprise.foundation.com.au> for frequently asked questions as well as a checklist of what you need before applying.



Bec Andlemac (right) from Springfield Lakes YMCA will be using their recent grant to host regular community morning teas



Luise Manning with Scouts Queensland volunteers and Charis Mullen MP at Clean Up Australia Day 2019
Image - Charis Mullen MP

Clean Up Australia Day

In March, the Springfield community banded together for another successful Clean Up Australia Day event.

Led by Springfield Lakes Nature Care, organiser of the event, Luise Manning, said the day's efforts made a huge impact on the local environment.

"We collected over 50 bags of litter from the parks and lakes in our community, filling an entire skip bin," Mrs Manning said.

"Over 160 volunteers participated which is testament to the great community spirit alive in Springfield."

They collected an array of items including construction rubbish, shopping trolleys, tyres, chairs, thongs, a vacuum cleaner, batteries and close to 500 plastic drink bottles and cans.

Thank you to all the volunteers who gave their time to help keep our community beautiful.

Sporting fields video update

The latest video of the progress of the new sporting fields construction is available on the Springfield Rise at Spring Mountain Facebook page. Scan this code (right) with your smart phone to watch it. Stay up to date with community news by liking our Facebook page.
www.facebook.com/myspringfieldlakes



Meet Kim Robinson



Springfield Rise at Spring Mountain has captured her heart and soul, and for Kim Robinson after living in the city for 20 years, she said it was the lakes, parks, amenities and community vibe that enchanted her.

An accomplished pastry chef and former radio host, Kim and her rescue dog, Desi, recently made the move into their new home

at Springfield Rise at Spring Mountain.

She says she has met some amazing residents that are now friends.

"This neighbourhood has an incredible support network, where people care about each other and their community, as well as so many awesome events going on all the time," she said.

Kim is extremely passionate about the welfare of animals, in particular working with dog rescue groups.

"I love helping these glorious creatures recover from trauma and find new, wonderful homes where they get a second chance at a life that they deserve," she said.

Kim has been a regular at the Meet Your Neighbour

welcome events and says it is a great opportunity to connect with others when you're new to the neighbourhood.

"It's a great atmosphere and I really like mixing with people and hearing their stories and seeing if there is any way that I can lend a hand to others," she said.

The next Meet Your Neighbours welcome event will be held on Saturday 25 May 2019. Keep an eye on www.facebook.com/myspringfieldlakes for registration information closer to the date.

"This neighbourhood has an incredible support network"



Pictured above, (centre) Kim is as an accomplished pastry chef and lover of dogs. She enjoys meeting her neighbours at the Meet Your Neighbours welcome events

Teenage Mutant Ninja Turtles visit Queensland's Largest Display Village

In March, the Springfield Rise at Spring Mountain display village was visited by everyone's favourite reptiles, the Teenage Mutant Ninja Turtles.

Despite a few rain clouds and even a shower or two, crowds both young and old came out in droves to watch Leonardo, Rafael, Donatello and Michaelangelo perform on stage.

There was also an inflatable bungee run and jumping castle, mini putt-putt golf, a slime-making station, barbecue and free ice cream.

Kids also went home with a goodie bag with turtle mask, colouring page and colouring pencils.

Thanks to all our local residents who visited on the day.



Teenage Mutant Ninja Turtles were a hit with the crowds

New park in Creekwood under construction

Expected to open later this year, the park (in Woodline Drive) is inspired by the satin bowerbird, a species native to Spring Mountain Conservation Estate.

Satin bowerbirds are known for decorating their bowers with blue coloured objects. These blue finds are carefully arranged by the male to attract a female.

The design of the park has a focus on the connection of nature, through the conservation of existing eucalypt trees that create shade and a creek running through the site. The playground features of the park will draw on the shape and colour of the bowerbird.

The park's paths will also connect to a trail network in the conservation estate, offering the opportunity to explore the natural environment that Springfield Rise at Spring Mountain is surrounded by.



The new park's playground features draw inspiration from the bowerbird

Pest fishing event proceeds used for lake restocking



In February, close to 13,000 Australian Bass fingerlings were released into Spring Lake to enhance and maintain the native fish population, provide mosquito control and assist threatened fish species to recover.

The release of the fingerlings was funded from proceeds raised at last year's two Springfield Lakes Pest Fishing Classic events, where close to 1000 pest fish were removed from Spring Lake.

Restocking the lake with native fish is an environmental control measure and will assist in improving fish habitat within the lake.

Originally the lake was stocked with native fish species but over time they were over-run by introduced pest fish including tilapia and carp.

The restocking was undertaken by Brisbane Valley Anglers Fishstocking Association Inc under the required Department of Agriculture and Fisheries General Fisheries Permit.

Close to 13,000 Australian Bass young fish were released into Spring Lake as an environmental control measure

Get your fit on with Healthy You HQ

You'll find them in their distinctive blue van, bringing fitness classes and nutritious smoothies to the parks and spaces of Springfield.



Sam and Mel from Healthy You HQ host a variety of fitness and yoga sessions (our front cover) at the Display Village Green as well as Spring Lake, offering an alternative to traditional gyms, where you can stay fit outdoors with personalised attention from a trainer.

Sam comes from a military background, so you're sure to come away sweating. He said they offer a range of exercises and class types, at different intensity levels with a focus on recovery and correct technique.

"We offer HIIT classes, boxing, strength, metabolic conditioning and yoga," he said.

"We want our members feeling fitter, stronger, more confident, more mentally strong, less anxious, more energetic and positive."

Healthy You HQ offer a free 14 day trial and \$30/week Foundation Membership or 10 Class Pass for \$100.

"Importantly, we don't lock anyone into contracts. We understand that life sometimes gets in the way and we don't want restrictive contracts to be a barrier to people living healthier lives," Sam said.

For class times and more information visit www.facebook.com/HealthyYouHQ or contact Sam on 0420 232 170.



Sam and Mel from Healthy You HQ run park based fitness classes as an alternative to traditional gym memberships

"It was an absolute pleasure to see our students walk through the gates for the first time"



Spring Mountain State School's opening was attended by the Queensland Premier, Minister for Education and State Member for Jordan
Image - Charis Mullen MP

A word with the principal

The first day of school was met with 55 excited faces, not to mention the Premier of Queensland, Annastacia Palaszczuk MP, Minister for Education, Grace Grace MP and State Member for Jordan, Charis Mullen MP popping in when Spring Mountain State School rang its bell for the first time in January.

Principal Cherie Moore said she is so proud to be leading Spring Mountain State School and that she is surrounded by dedicated staff, supportive families and eager students.

"It was an absolute pleasure to see our students walk through the gates for the first time with our beautiful uniforms on, their big smiles and lots of energy and excitement," Mrs Moore said.

"Thank you to all that have given us time and support throughout our development process and to our Learning Alliance Schools in Greater Springfield for your words of support and encouragement as we begin to build another great school!"

The school's catchment area now includes Creekwood. Applications from families with unconditional contracts or who are currently building are accepted. Visit <https://springmountainss.eq.edu.au/> for details.

What's on

Active Breaks - School holidays

April school holidays

Locations across Ipswich

Keep your kiddos entertained these school holidays and book them in for a FREE one hour activity from Active Breaks. There's soccer, athletics, yoga, tee-ball and lots more at a range of parks across Ipswich. Ages 5+, reserve a spot to avoid missing out.

https://www.ipswich.qld.gov.au/residents/healthy_lifestyle/active-breaks

YMCA School Holiday Program

Starting Monday 8 April 2019

YMCA Springfield Lakes Community Centre

The YMCA Springfield Lakes Community Centre have a range of activities for your munchkins to keep them busy these school holidays. Bookings are essential, visit

www.facebook.com/YMCASpringfieldLakesCommunityCentre/

Nature Discovery Nightcrawl

Tuesday 9 April 2019 from 5.30 – 7.30pm

Wednesday 17 April 2019 from 5.30 – 7.30pm

Friday 10 May 2019 from 5 – 7pm

White Rock – Spring Mountain Conservation Estate

After dark adventure! What minibeasts and creatures of the night might we see? Suits children from preschool to 8 years. Children must be accompanied by a responsible guardian. Bookings essential as places fill fast.

www.facebook.com/ipswichCityCouncil/events/

Gunpit Ridge Moonrise Nightwalk

Friday 19 April 2019 4 – 8pm

Saturday 18 May 2019 3.15 – 7pm

Sunday 19 May 2019 4 – 7.45pm

White Rock – Spring Mountain Conservation Estate

Watch the moonrise over the lights of Springfield. Night bushwalk suited to adults and children over 8 years. Good level of fitness and balance required. Bookings essential.

www.facebook.com/ipswichCityCouncil/events/

Meet Your Neighbours - welcome barbecue

Saturday 25 May 2019 from 3 - 5pm

Cottonwood Cafe, 84-90 Russell Luhrs Way, Spring Mountain

NEW DATE! Get to know those who also call Springfield Rise at Spring Mountain home. We'll be having a gourmet barbecue on the deck, details will be on our Facebook page a bit closer to the date.

www.facebook.com/myspringfieldlakes

Healthy You HQ - fitness and yoga classes

Mornings and evenings

Display Village Green

84-90 Russell Luhrs Way, Spring Mountain

Visit www.facebook.com/HealthyYouHQ for class times or contact Sam or Mel on **0420 232 170** for more details.

Children's Story Time

Every Tuesday and Friday morning from 9.30 – 10.15am

Springfield Central Library, Cnr Main Street and Sirius Drive

Entertain the kids with free story time activities and enjoy the magic and make new friends. Springfield Central Library explores a different theme each month with stories, songs and movement. For more information call **3810 8144**.

**Please note each week the same stories and songs will be shared at both sessions.*

NAIDOC Week

Free cultural workshop with Rick Roser

Tuesday 9 July 2019

Display Village Green

84-90 Russell Luhrs Way, Spring Mountain

Indigenous educator Rick Roser brings his cultural workshop to Springfield Rise at Spring Mountain to mark NAIDOC Week. Bring the kids down for a free workshop where they can learn Dreamtime stories, boomerang throwing, emu feather adornment, ochre painting and fire starting. More details closer to the date, registrations will be essential.

www.facebook.com/myspringfieldlakes



Rick Roser's cultural workshops are an immersive cultural experience for kids and adults alike

What is the Emergency+ app?

The Emergency+ app encourages people to call the correct number for help in emergency and non-emergency situations – Triple Zero (000) for emergencies, 132 500 for SES flood, storm and cyclone assistance and 131 444 for non-emergency Police Assistance Line.

The app uses existing smartphone GPS functionality to enable callers to provide emergency call-takers with location information, as determined by their smartphone.

The app is free to download and available for both Android and iOS devices.



Save the app that could save your life



triplezero.gov.au



Springfield Rise at Spring Mountain

Sales & Information Centre

84-90 Russell Luhrs Way, Spring Mountain, QLD 4300

Monday – Friday: 9.00am – 5.00pm

Saturday and Sunday: 10.00am – 5.00pm

belong at Springfield Rise at Spring Mountain

springfieldrise.com.au 1800 223 050

