

'The Post & Rail' Community Newsletter

AUTUMN 2018

belong

in your local community

WELCOME

Have you discovered our Legless Lizard? Artists Mark Trinham and Glen Romanis carved this wooden critter for the Adventure Park on the corner of Ferris Road and Bridge Road. The Striped Legless Lizard looks like a tiny snake, but it's actually a harmless lizard species. It is threatened with extinction in the west of Melbourne. It shares habitat with the Eastern Barred Bandicoot. You can also find a sculpture of this stripy marsupial hiding in the Adventure Park. Both animals are hunting insects for food.

In broader items of interest, we recently learnt from Venture Melton that City of Melton has the fastest growing economy in Victoria for 2016/2017, with 6,855 businesses and 26,158 jobs so far. Venture Melton is a Melton City Council initiative that supports and promotes business development in the municipality, and encourages further investment. For further information, including statistics and demographics visit: economyprofile.com.au/melton.

For Atherstone, we are already making good progress on job creation, with an estimated 2,285 jobs in construction provided so far. Over the life of the project our employment modelling tells us that Atherstone will sustain over 17,000 construction jobs and create 2,432 permanent jobs in its shops, schools, community centres and local businesses.



Eastern Barred Bandicoot

What's on at Atherstone

ABCD Bollywood Dance School

Thursdays 5.30pm – 8.30pm (various classes, please enquire)
Contact: Contact Shweta on 0433 346 672 or Shwetayana13@gmail.com

Bridge Road Walking Group

Wednesdays – Walk leaves at 9.30am
Contact: Dale 9747 5468 or daleh@melton.vic.gov.au

Tai Chi for All

Tuesdays 1pm
Contact: Fred Davies on 9746 1247

Atherstone Play Group

Tuesdays 10am
Contact: Erin on erin.cooper5@icloud.com

Small Potatoes Play Group

Thursdays 10am
Contact: Valentina on 0416 533 523

SASHS Mother & Child Play Group

Mondays 9.30am
Contact: Mollie Roberts on 0429 984 478 or mollie.roberts@aus.salvationarmy.org

Melton Bangla School

Bangladesh Language and culture classes
Contact: 0466 601 396 or meltonbanglaschool@yahoo.com.au

Rooh Punjab Dee Melbourne

Children's Bhangra Classes – Sundays
Info @ [facebook.com/Rooh-Punjab-Dee- Melbourne](https://facebook.com/Rooh-Punjab-Dee-Melbourne)
Contact: Manjinder on 0430 738 534 or rpdmelbourne16@gmail.com

Redeemed Christian Church of God

Tuesday evenings & Sundays
Contact: Jude 0402 544 386 or info@rccglifewaychapel.org.au

Bridge Road Auskick Program (Term 2)

Casual sport and exercise program Thursdays 6.00pm – 7.00pm
Contact: Dale 9747 5468

Hockey

Melton Hockey Club

Juniors and seniors coaching and competition For further information go to: meltonhockeyclub.teamapp.com

Caroline Springs Hockey Club

Juniors and seniors coaching and competition Contact: 0415 11 2742 president@carolinespringshockey.com

Recreational Running & Athletics Melton City Little Athletics Centre

Junior athletics programs
Info @ meltoncitylac.com.au
Contact: meltoncity@lavic.com.au

Melton City Runners Club

Recreational running group
facebook.com/meltoncityrunners/
Contact: meltoncityrunners2016@gmail.com

Toolern Creek Park Run

Saturdays 8am
Free fun run - Info @ parkrun.com.au/toolerncreek/



Legless Lizard

What's happening in my community

Atherstone Community Cycling Group

The Atherstone Community Cycling Group wants you to become a member. It's free to join and the only catch is that you need to bring your bike! ACCG aims to get more people active through riding whilst creating new friendships and community spirit. The group was created by Atherstone resident, Darren MacKenzie, after he discovered how much he enjoyed the physical and mental health benefits of cycling. Although confident to ride on his own, he finds it far more enjoyable to share the experience.

When Darren first moved to Atherstone, he found no appropriate cycling group options available, with most groups starting their rides around 7.30am – 8.00am on the weekends. By the time the ride was complete, half the day would be gone yet there would be still so much to do around his new home and with his young family. Crossing paths with other cyclists in the area helped identify that he was not the only one in this situation and so the ACCG was born.

The ACCG uses Facebook to connect and organise rides and has members residing outside of the Atherstone community, from Woodend to Point Cook. Rides will usually commence from a central meeting point, such as the Bridge Road Community Centre or Western BACE, however the expanded membership adds diversity to the ride locations, occasionally offering different start points and routes. If the ride starts in Atherstone, it will likely finish at Urban 35 for a well-deserved coffee.

Currently the group has a strong Road Cycling focus, as this is Darren's preferred discipline, however the group is created for all riders and it is hoped that more mountain bikers, trail riders and commuters will use the Facebook group to organise activities. The group also offers a knowledge base for those who are keen on getting in to cycling – we are made up of members with varied experiences and fitness levels, so no one will ever be left behind.

To build our identity, Darren has been working on design of riding apparel and is keen to get in touch with any businesses willing to provide sponsorship and their logo to help produce the kit.

To get on your bike with us, look for Atherstone Community Cycling Group on Facebook.



Atherstone Community Cycling Group

My Community



Van Ritchie
Atherstone Sales Consultant

My role is Sales Consultant at the Atherstone Sales and Information Centre.

I love so many things about my job. My job allows me to meet wonderful people, help them buy their dream property, and share all that Atherstone has to offer. The most rewarding thing for me is to see our residents enjoy their new community, and people introducing Atherstone to their friends and family. We all get to see the rapid construction of our beautiful estate. I am very lucky to be able to watch the Atherstone community continue to blossom.

I have been in property for many years. It is a privilege to be able to work in this sector because it shapes our country and people's lives.

I love exploring different cultures, travel and food. To me cultures are fascinating and I get to learn more about these through our customers. At Atherstone I feel spoilt by our rich cultural diversity.

I love to eat and have taught children and adults how to bake and cook.



Janine Nicholas
Atherstone resident

Hi everyone! My name is Janine Nicholas and I am loving living in Atherstone. I love the parks and it's great being able to walk to the community market. As I had been renting for many years I'm really excited that I have been able to build and live here.

I have 3 adult sons, one of whom is still living with me until his house is built probably next year. I am also the proud nana of two grandsons.

I work full-time for a Rheumatologist in Melbourne so I'm looking forward to the new train station.

I love reading and I've recently started doing Bollywood dancing classes at the Bridge Road Community Centre. It is a lot of fun and Shweta is a great teacher who also lives in Atherstone. (ABCD Bollywood Dance).



Community Initiatives

Family Fun with Tech at BACE

On Saturday 24th of March we saw the great return of our STEM Squad at Western BACE.

The day's activities geared towards kids (ages 4-12) and parents who wanted to learn and play with interesting technologies together.

Highlights of the day included Ozobot challenge, play around with Vive (Virtual reality gaming), Sphero's bots, littlebits an electrics circulatory beginners kit. The family fun day with tech was lead out by Vela founder of Hardworx, with the support of our Youth BACE IT students, Adam, Trae and Shannon.

A surprise visit guest on the day featured Bask Aerospace founder David Skinner, who gave an impromptu drone talk to kids and parents who attended the day.

Western BACE is a Not for Profit community driven business hub in Melbourne's West where people matter, feel a sense of belonging and are supported in striving for growth and excellence.

For further information contact us at info@westernbace.com or (03) 8560 4761



Melton South Community Centre

We are an Adult Education Centre and also a Neighbourhood House.

Activities are held during the day/evening and on weekends.

We run a great variety of courses and classes each school term, including computers for absolute beginners, intro to Word and Excel, build your own website, manual book-keeping and also MYOB for beginners, customer service, CPR and first aid training as well as food handlers certificate courses.

We also run 20 hour pre- accredited ACFE funded industry pathway courses in beauty, pastry and baking, floristry, dressmaking/sewing and fashion design.

There are also children's classes in guitar, keyboard, art and cooking (Little Masterchefs).

Language classes in Greek, Vietnamese for beginners and travellers.

There are support groups for women's health and wellbeing, Al-Anon, craft groups, supported playgroup from City of Melton and VACC (koori Kids Playgroup), community choir, neighbourhood group and more.

Every Friday from 10am – 12noon there is a Food Pantry where those living in Melton and holding a pension/concession card can come along every week and pick up a food parcel as well as fresh fruit and vegetables. This service is provided by Northpoint.

On the same day, there is a Pop Up Hub where staff can provide information and referrals on services including City of Melton Housing and Family Services, Co Health (Mental Health), Drug and Alcohol, Australian Hearing, and Djerriwarrh Health Services.

Come in, have a free coffee and a chat if you require any of the services available.

Call the centre for the new term brochure. There is lots to do for every member of the family.

Melton South Community House Inc is located at: 41 Exford Road, Melton South

Phone: 9747 8576

EMAIL: msscentr@bigpond.net.au

WEB: meltonsouth.org.au - You can also find us on facebook



Neighbour Day

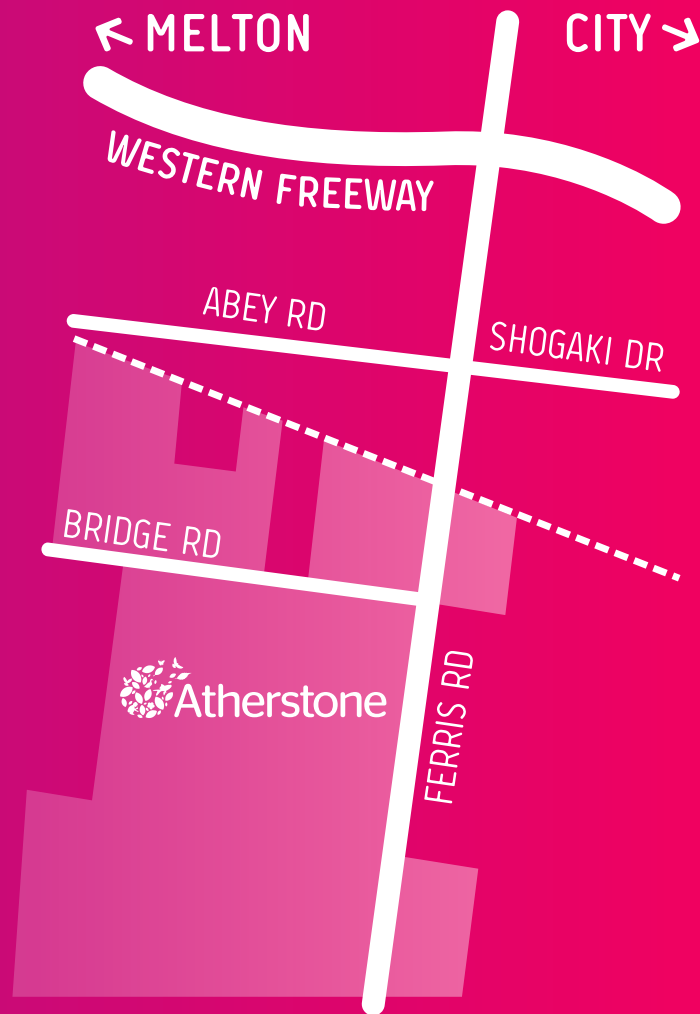
Neighbour Day is Australia's annual celebration of community, encouraging people to connect with those who live in their neighbourhood.

Whether through a cuppa, a picnic in the park, or a message of support; Neighbour Day is the perfect opportunity to say thanks for being a great neighbour and for being there to lend a hand.

Neighbour Day is celebrated on the last Sunday in March every year with the aim of fostering strong personal connections that last the whole year round. Every day can be Neighbour Day!

Well done to those who participated in the Atherstone community and thank you for showcasing the strong spirit of the Atherstone!





belong at Atherstone

Email: atherstonecustomerservice@lendlease.com

Web: communities.lendlease.com/atherstone/

 [Facebook.com/atherstonecommunity](https://www.facebook.com/atherstonecommunity)

Phone: 1800 981 644

Atherstone Sales and Information Centre
Atherstone Boulevard & Fenway Street, Strathtulloh VIC 3338

